



The Courier

Christ the King Episcopal Church
1224 North Jefferson Street
Huntington, Indiana 46750

FEBRUARY, 2023

A Few Words from Fr. Ted –

TWO RULES TO LIVE BY

Rules are defined as “a set of explicit or understood regulations or principles governing conduct within a particular activity or sphere.” The church, of course, is full of rules. The Canons and Constitution of the national church and those of the diocese regulate how we operate. The parish’s Articles of Incorporation and Bylaws set out the legal status of the institution. And, of course, like everyone we are subject to laws and regulations from every level of government.

Rule is used in other ways within the church as well. I was recently reminded of one of these when a group of those being formed to become deacons in the church were introduced to the late Martin Thornton’s recommendation for a “Rule of Life.” Thornton was a priest and theologian who wrote a book on ascetic theology called *Christian Proficiency* in which he laid out his ideas of how to lead a truly Christian life. His chapter on a rule of life suggests that each of us should develop to a spiritual regimen that keeps us mindful of God and of Jesus. He recommended as a minimum a commitment to attendance at Mass, regular participation in the Daily Office, and personal prayer. To that, many might add such things as charitable giving, and volunteering to the church or other worthwhile organizations. The important thing is the development of spiritual practices which are helpful to you and to which you can be faithful. In that sense it is not unlike developing a plan for maintaining your physical health and fitness.

The other way we in the church often speak of a rule is in the annual making of a Lenten rule. Often it is a list of things we will refrain from during the forty days of Lent – giving up chocolate or eating meat on Fridays. More encompassing rules include not just giving up things but also taking on additional activities which are likewise meant to call us to recollection of Jesus and his sacrifice on our behalf. In the liturgy on Ash Wednesday, we are called to “to the observance of a holy Lent, by self-examination and repentance by prayer, fasting, and self-denial; and by reading and meditating on God’s holy Word.” Abstinence, self-discipline, and commitment are the core of both Lenten Rules and Rules of Life.

In my own experience, I have found that Lenten Rules have often helped in the development and refinement of a Rule of Life. Disciplines taken on during Lent have become routines in my regular



spiritual practices. For example, one year I determined to pray Compline each night during Lent; it is now a year-around habit. Another year, I committed to praying the Anglican Rosary each day; I now make it a frequent, though not daily, practice. There have, also, been occasions when I have made something part of a Lenten rule and based on that experience rejected it as unhelpful.

As we approach the beginning of Lent with Ash Wednesday on February 22nd, I encourage each of you to make a Lenten Rule of adding disciplines and making sacrifices that put you in mind of Jesus and his love for you. And I suggest that as you keep this rule you consider which, if any, of these practices were helpful enough to continue at other times. Rules can be invigorating as well as constraining. Look at them as tools as you seek to follow Christ.

Fr. Ted +

Ash Wednesday



The Holy Eucharist with the Imposition of Ashes will be celebrated at 6:30 PM on Wednesday, February 22, 2023. All members of Christ the King are encouraged to be present for this beginning of a Holy Lent.



LENTEN DEVOTIONS

On the Thursdays in Lent, beginning February 22, 2023, The Way (Stations) of the Cross will be prayed beginning at 5:30 pm. Those present for this time, will recollect the path Jesus walked, from his sentencing by Pontius Pilate to his crucifixion, death and entombment. Each stop is marked by reading from scripture and prayer. It is a great way to contemplate the magnitude of Christ's sacrifice and of his love for us. Please join us.



ADULT SUNDAY SCHOOL RESUMES

In order to get back in the swing of things, Adult Sunday School will resume on Sunday, January 29, 2023. For the first four Sundays, (1/29 -- 2/19) we will discuss the readings for the next service.

During Lent, we will contemplate the individual stations of the cross as used in the traditional Lenten discipline. Prayers and meditations from a recent book by Margaret Adams Parker and Katherine Sonderegger will be used to stimulate our discussion of each of these stops on Jesus' way to his crucifixion.

A WORD OF THANKS

Those who were at the Annual Meeting were able to express their gratitude to outgoing vestry members, Alex Klausung and Meg Moss. Both have been on the Vestry for at least six plus years and have been faithful and diligent in their service to the parish. If you have a chance to, please tell them how much we appreciate all they have done.

ALZHEIMER'S SUPPORT GROUP

Our support group meeting for caregivers of people with Alzheimer's and dementia will meet on **Thursday, February 2 from 5:00 p.m. to 6:00 p.m.** in the Parish Hall. Please feel free to invite others you may know who could use support to consider joining us. Meetings will continue to be held the first Thursday of each month at 5:00 p.m.

For questions, call Nancy Heasley at 260-450-7077, Fr. Ted, or Meg Moss.

FEBRUARY BIRTHDAYS

- 4 Dianne Neidlinger
- 5 Marguerite Wire
- 13 Fr. Ted Neidlinger
- 18 Stuart Hall
- 21 Kimberlyn Boxell
- 27 Dr. Marlene Schleiffer

FEBRUARY ANNIVERSARIES

- 8 George & Rose Holtrey



BOOK CLUB



We'll meet on February 6 at Nancy Heasley's home to discuss *Little Fires Everywhere* by Celeste Ng. Linda Beatty will lead the discussion. Leah DeCesare wrote in the *Huffington Post*, "Compelling and observant, there is so much to analyze and discuss within these 367 pages that it will surely end up on university reading lists. Brilliantly constructed, I highly recommend Celeste Ng's second book, *Little Fires Everywhere*."

The meeting begins at 7 p.m. Join us if you can!

RUMMAGE

Frischmans' barn is open to receive your rummage all winter long. You may bring your treasures and even do a bit of shopping if you like! Please be sure to turn the lights off and close the door tightly when you drop things off.



STANDING NOTICES

The primary commitment of the serious Christian is to worship God at Eucharist each week in Church (Book of Common Prayer, p. 847). Please see the Sunday Bulletin for schedules.

Holy Baptism is preceded by instruction and normally takes place on or within the Eucharist as the chief service on a Sunday or other feast. It is especially appropriate at the Easter Vigil, on the Day of Pentecost, on All Saints' Day or the Sunday after All Saints' Day, on the Feast of the Baptism of our Lord (the First Sunday after the Epiphany) or when the Bishop is present.

Holy Matrimony is solemnized by the Priest. Marriages must be signified 90 days prior for purposes of planning and instruction. Lent is not an appropriate time for weddings.

The **funeral** of faithful Christians should be held in the Church. Notify your clergy promptly if the death of a loved one is imminent.

The Sacrament of Reconciliation (Confession) is celebrated at any time by appointment.

Regarding the **Prayers of the People** :

If you wish to have the congregation pray for you, your family, or friends, please add the names to the list found in the Narthex on the lectern just outside the double doors.

SERVICE ROSTER FEBRUARY, 2023

	5-Feb	12-Feb	19-Feb	26-Feb
		Love INC Ingathering		Little Blessings Ingathering
Reader (OT & Epistle)	Marguerite Wire	Dick Wire	Meg Moss	Linda Beatty
Intercessor	Dick Wire	Marguerite Wire	Alex Klausing	Liz Snively
Server 1	Carmen Oswalt	Carmen Oswalt	Jeff Roberts	Jeff Roberts
Server 2	Meg Moss	Paul Wilson	Paul Wilson	Paul Wilson
Crucifer	Meg Moss		Jeff Roberts	Jeff Roberts
Oblations				
2 Counters:				
Vestry member	Sue Jepsen	Sue Jepsen	Meg Moss	Sue Jepsen
Non-vestry				
Altar Guild	Sue Jepsen	Alex Klausing	Marguerite Wire	Linda Beatty
Transport Marlene & Shirley	Wire	Beatty	Jepsen	
Coffee Hour	Beatty	Wire	Heasley	Snively



REMEMBER TO SIGN UP FOR NEXT MONTH !

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VESTRY

Britina Boxell 2023
Sue Nunemaker 2023
Linda Beatty 2024
Marguerite Wire 2024
Sue Jepsen 2025
Nancy Heasley 2025

PHONE NUMBERS

Church:
260-356- 3570
Sr. Warden:
260-359-0746
Little Blessings Childcare:
260-359-1161

SERVICES at CHRIST the KING

Sunday, 9:00 a.m.: Holy Communion
Thursday, 9:00 a.m.: Morning Prayer
Thursday, 5:30 p.m.: Evening Prayer

WEB PAGE:

www.episcopalchurch-huntington.org

EMAILS :

Treasurer:
markpark823@gmail.com
Newsletter: sljepsen@yahoo.com

OFFICE HOURS:

Fr. Ted, 9 a.m. – 6 p.m. Thursdays

PERSONNEL

Priest in Charge: Fr. Theodore Neidlinger
Bishop/Rector: The Rt. Rev. Douglas Sparks
Sr. Warden: Gary Beatty
Jr. Warden: John Jepsen
Treasurer: Mark Parker

